

From Physics to Nursing

Yes, Really.

Why??



Why??

Academia wasn't working for me anymore.



Why??

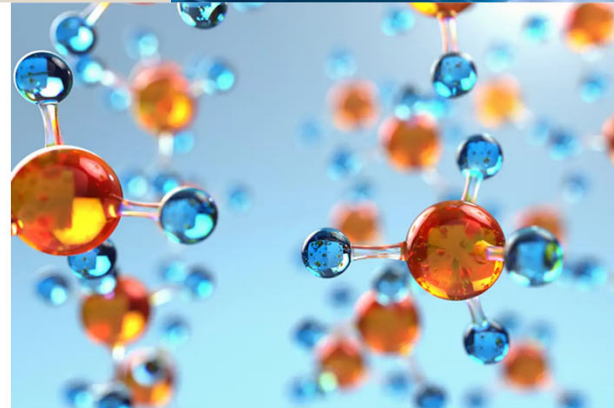
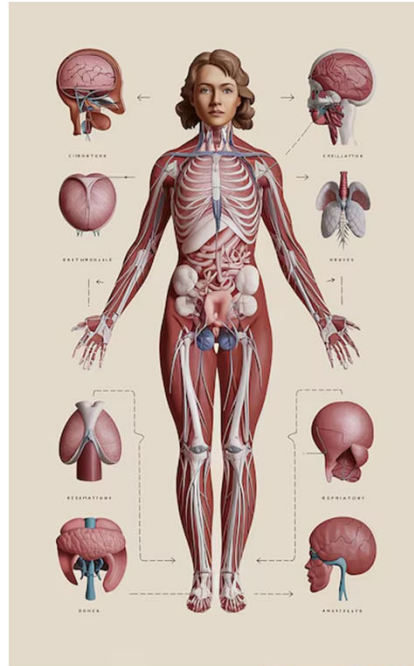
Academia wasn't working for me anymore.

- I got frustrated with my project.
- I became estranged from my parents.
- I got married.
- I had a baby.

How?

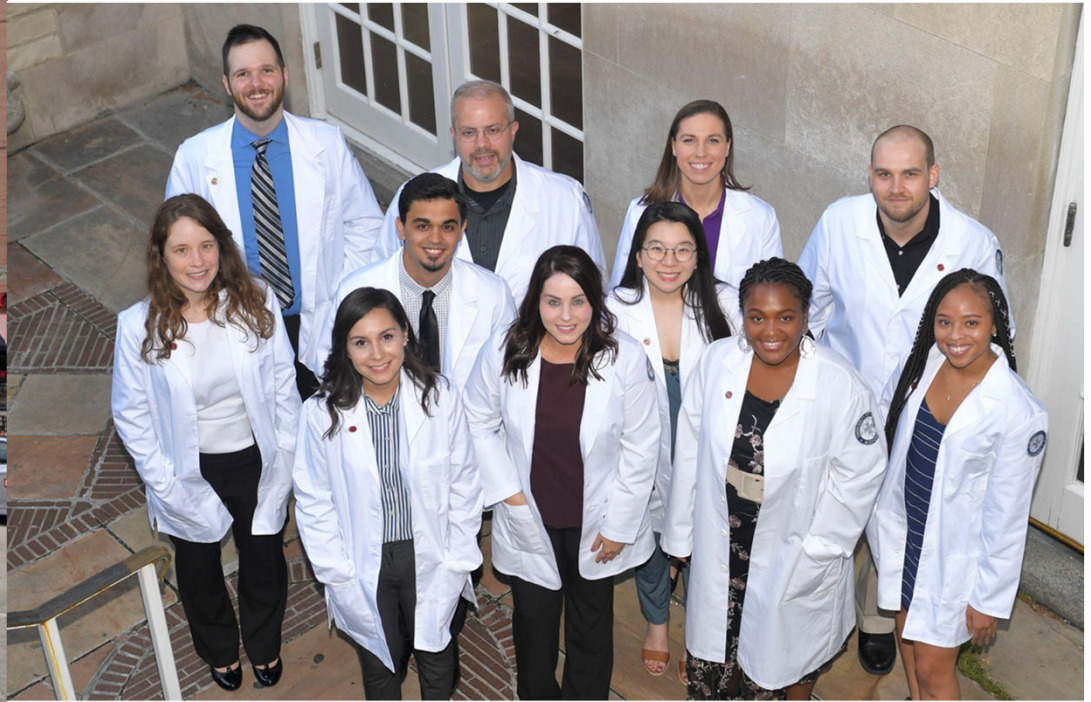
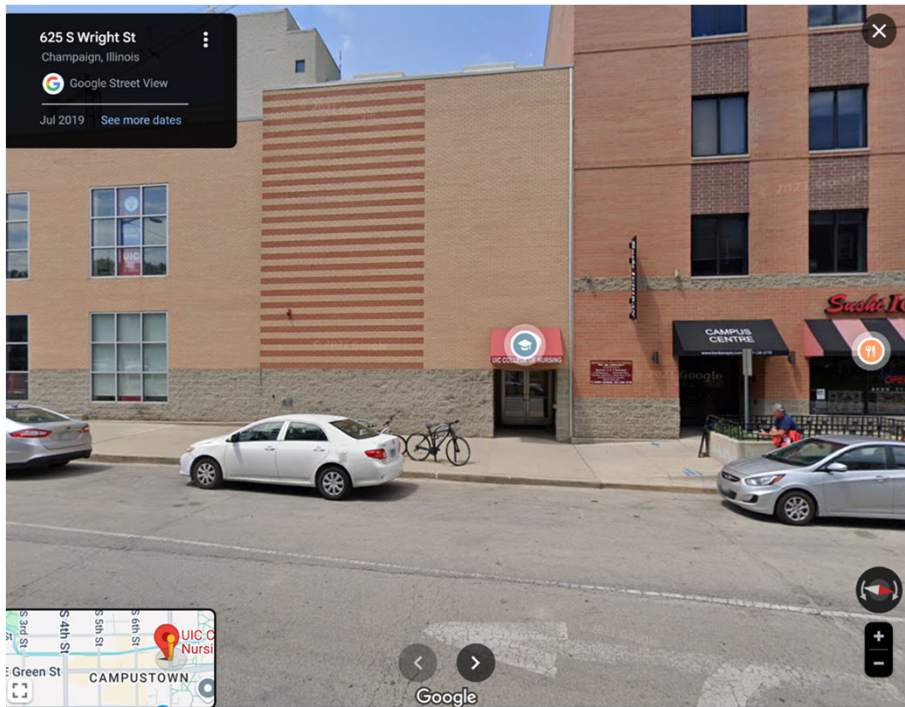
Prereqs I didn't have:

- Anatomy
- Physiology
- Chemistry
- Microbiology



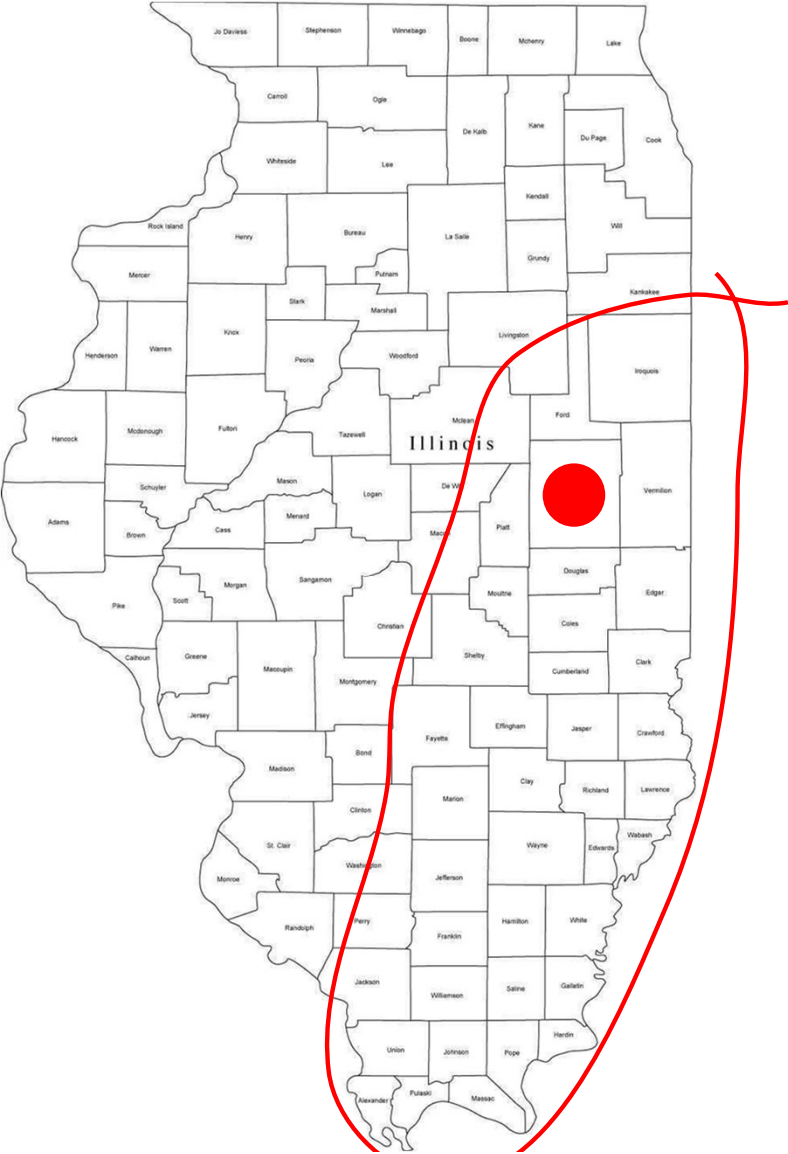
How?

University of Illinois Chicago (in Urbana) Graduate Entry Program



How?

Carle Nurse Residency Program



What do nurses do?

Nurses are “the last thing between the patient and the big, bad world.”

3 broad themes: Safety, Advocating, Educating



Nursing on the Postpartum/Mother-Baby Unit

I take care of patients from ~2 hours after delivery until they discharge home from the hospital.

Moms

- Hemorrhage
- Hypertensive emergencies
- Preeclampsia/Eclampsia
- Medication administration
- Post surgical care
- Pain management
- Safety
- Education

Babies

- Respiratory support
- Glucose maintenance
- Feedings
- Infection prevention
- Safety
- Education

Nursing on the Postpartum/Mother-Baby Unit





What skills have transferred from physics?

- Critical thinking
- Ability to do math/statistics
- Willingness to question things
- Ability to present an idea

Some things I've had to adjust to:

- Time management
- Communication skills
- Adrenaline rushes



Pros and Cons

Pros

- Rewarding
- Fast paced
- Challenging
- Hours
- Work/Life Balance

Cons

- \$\$\$
- Hours
- Prestige
- Stressful



Questions?