



Mentor Reflection

Guiding your mentee through goal-setting

Please take a moment to reflect on the conversations you have had with your mentee(s). Specifically, think about conversations with a particular mentee that have presented the most challenges. In today's session, we will focus on helping you to overcome specific challenges, and therefore we would like to know more about the goals you have set with your mentee and where you would like the most support.

1. What goals have you established with your mentee?

2. Which of these goals are the most challenging for you to address?

