

2023-2024 STUDENT REFERRAL PROCESS

[University of Illinois at Urbana-Champaign Counseling Center](#)

Grainger College of Engineering

Faculty and staff play a key role in referring students to services within colleges and schools. If you are concerned about a student or think they may benefit from counseling services, please refer them to the following resources.

STUDENT REFERRAL OPTIONS:

1. **Engineering Embedded Counselor:** If your student is interested in seeing an [engineering embedded counselor](#) for counseling services, please email CC-Engineering@illinois.edu and CC your student. Please indicate the subject line as “**Engineering Student Referral**” and briefly introduce your student and their interest in counseling services. An engineering embedded counselor (i.e. Juvenal George, Psy.D. or Chris Lewis, LCSW) will reply to your email and will then assist your student with scheduling an initial appointment. **Please DO NOT send identifying information (i.e., birthday, UIN, etc.) about the student in your email.**
2. **Counseling Center:** You can direct your student to schedule an initial appointment with a clinical counselor by having them call the Counseling Center at (217) 333-3704 or by [scheduling an online appointment](#) on the Counseling Center website.
3. **Let’s Talk Consultation:** Students can attend a Let’s Talk session with an engineering embedded counselor to learn more about general counseling services and/or other mental health resources on campus. Let’s Talk sessions can be scheduled by requesting an appointment at CC-Engineering@illinois.edu.
4. **Workshops:** The Counseling Center provides regular workshops to help students develop coping skills around stress management, anxiety, and emotional regulation. Students can sign up for these workshops by going on the Counseling Center webpage or speaking with an engineering embedded counselor. To find a list of skill-building workshops, please [CLICK HERE](#).

UNANNOUNCED/URGENT APPOINTMENTS:

If you perceive your student to be in great distress or are unsure if your student needs immediate assistance, please contact engineering embedded counselors Juvenal George, PsyD or Chris Lewis, LCSW on Teams to see if they are available to assist and possibly involve Counseling Center Triage for crisis intervention. If they are not available, please proceed as you would have in the past by connecting the student directly with the Counseling Center.

STAFF/FACULTY CONSULTATION:

If you would like to consult regarding a clinical matter or the appropriateness of a referral, please feel free to reach out via email CC-Engineering@illinois.edu to schedule a date/time to meet. Please continue to adhere to confidentiality as if you were making a referral or contact for an urgent appointment. The engineering embedded counselors will welcome consultation at any time, schedule permitting. When submitting a request to consult by email, please indicate the subject line as “**Engineering Consultation.**”

