



Mentoring Philosophy

The best place to start your mentoring training is by defining the term for yourself, and thinking about the philosophy you will employ. Think through and answer the following questions to center yourself in your role as a mentor.

What is mentoring?

Why do I want to be a mentor?

What tools and techniques should a mentor use and why?

What does mentoring success look like?

What will I do when I face a challenge with my mentee (i.e., poor communication, lack of trust)

What mentors have I had and what have I learned from them?