

MechSE WELLness

V09 Exterior Active Design

Intent: Promote daily physical activity through pedestrian friendly site amenities.

The Centers for Disease Control and Prevention identified evidence-based design strategies to improve the pedestrian experience and encourage activity: street lighting, sidewalks, crosswalk safety, and landscaping. Additional strategies that include aesthetic elements also promote active lifestyle. A systematic review found that the presence of aesthetic design and placemaking features helped maintain pedestrian interest, invited increased use, and led to benefits in social cohesion, mental health, and well-being.

Impact: Providing pleasing outdoor spaces encourages increased levels of activity of all in the community.

What are the requirements to earn this credit?

1. Provide at least one of a) street-level windows, b) artistic installations, c) biophilic and landscape elements, d) mixed building design elements and colors.
2. Provide onsite pedestrian destinations including an artistic installation, trees and landscaping elements, and an outdoor plaza or open air space.

How is MechSE accomplishing these requirements?

LUMEB has a very active exterior design meeting all four of the requirements noted above. Street-level windows allow one to see into the offices and occupants changing decorations. The area along Green Street and our two south patios offer opportunities to pedestrians to see landscape features and enjoy open air spaces. Our building itself utilizes various elements and colors in its appearance that contribute to its pleasing appearance. Soon, we will have an interactive, custom-designed kinetic piece of art!



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