

# CS SOS: Mental Health Edition

A CS student-focused presentation series in partnership with the Counseling Center and the GENG embedded counselor

Wednesday, Feb 26<sup>th</sup>  
1:30 pm

Addressing Mental Health Basics

Monday, March 9<sup>th</sup>  
12 pm

Balancing Technology & Mental Health

Friday, March 27<sup>th</sup>  
2:30 pm

Managing Stress & Self-Care

Tuesday, April 21<sup>st</sup>  
1 pm

Building Positivity & Resilience

RSVP is requested for each workshop you plan to attend: <https://go.cs.illinois.edu/Spring20CSSOS-MH>

All presentations in  
3405 Siebel Center.  
Many will include CS  
student and/or  
faculty panelists.  
RSVP Early! Mark  
your calendar and  
bring a friend!



Computer Science