Put Your Science to Work: Practical Career Advice for Early Career Scientists



Dr. Peter S. Fiske March 7, 2019 APS Spring Meeting



#### Why am I REALLY here?



#### Experience

- My career path (so far) has been unusual (for a Geophysicist) but highly stimulating and enormously enjoyable.
- I benefited from numerous mentors and got lots of good advice
- Pass some of it along

#### Concern

- Young S&Es don't get very good career development advice.
- Such advice is of greatest value at the START of your career!

#### Prejudice

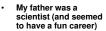
 I believe that technically-trained individuals have enormous opportunity to improve the world.

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#### Why did I become a scientist?







- I wanted to do something adventurous and meaningful
- I wanted to have an impact on the world (and be recognized for it)



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Why did you become a physicist?

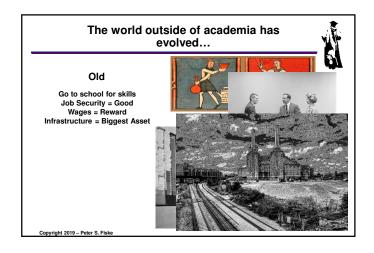
#### What you do for a career is a deeply personal thing

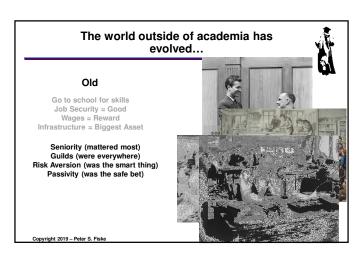


- Influenced by your parents and family
- · Influenced by your upbringing
- · Influenced by your personality and temperment
- Influenced by random encounters and chance opportunities

Becoming familiar with your own "story" is the first step in charting your career

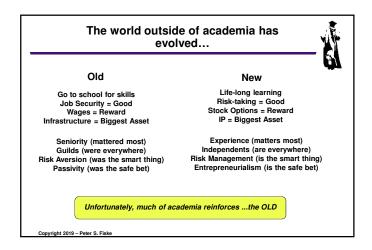
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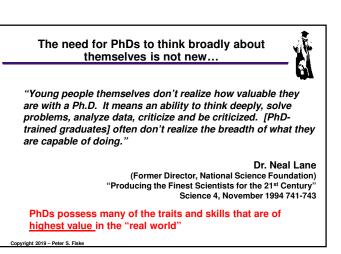












#### Dr. Al Levin



#### Transferable skills

- ability to function in a variety of environments and roles teaching skills: conceptualizing, explaining counseling, interview skills public speaking experience

- ability to support a position or viewpoint with argumentation and logic
- 6. ability to conceive and design complex studies and projects
- 7. ability to implement and manage all phases of complex research projects and to follow them through to completion
- 8. knowledge of the scientific method to organize and test ideas
- 9. ability to organize and analyze data, to understand statistics and to
- generalize from data
  10. ability to combine, integrate information from disparate sources
- 11. ability to evaluate critically
- 12. ability to investigate, using many different research methodologies
- 13. ability to problem-solve
- 14. ability to do advocacy work
- 15. ability to acknowledge many differing views of reality
- 16. ability to suspend judgment, to work with ambiguity

17. ability to make the best use of "informed hunches"

Did you know a Sciendegree teaches you

#### Personal qualities



- intelligence, ability to learn quickly
   ability to make good decisions quickly
- analytical, inquiring, logical-mindedness
- ability to work well under pressure and willingness to work hard competitiveness, enjoyment of challenge
- ability to apply oneself to a variety of tasks simultaneously
- thorough, organized and efficient
- good time management skills resourceful, determined and persistent (and able to live on \$2K/month!)
- 10. imaginative, creative 11. cooperative and helpful

- 11. cobperative and respiral
  12. objective and flexible
  13. good listening skills
  14. sensitive to different perspectives
  15. ability to make other people "feel interesting"

Employers in all fields are looking for people with these traits

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#### 20 successful PhDs in non-academic careers were asked ...



"Of the many skills you developed while in graduate school, which ones are the most valuable to you now?"

Finding one's own path and taking initiative with little assistance Ability to work in a high-stress environment Independence

Maturity

Computer skills

Circumventing the rules Learning to seek out problems and solutions

Ability to persuade

Ability to create

Ability to work productively with difficult people

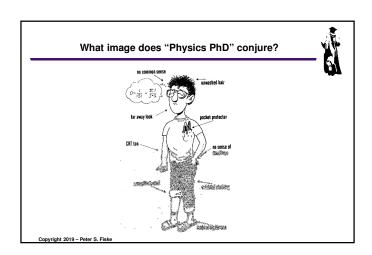
and my favorite

The ability and courage to start something even if you don't

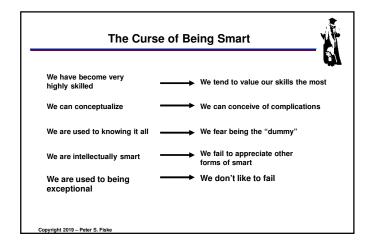
know how yet

# **Employers in ALL** sectors are hungry for people with these skills and

qualities





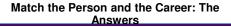


#### Match the Person and the Career



Cell Biologist Chemist Astrophysicist Biophysicist Geologist English Plant Biologist Theoretical Chemist Geophysicist Mathematician Electrical Engineer Medieval History Science Media Entrepreneur Congressional Staffer Financial Analyst Management Consultant Rodeo Star Experimental Physicist Book Editor Chancellor of Germany Software Entrepreneur High School Teacher Secretary of Defense Programmer

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Cell Biologist Science Media Entrepreneur Chemist Congressional Staffer Astrophysicist **Financial Analyst** Biophysicist Geologist — Management Consultant Rodeo Star English **Experimental Physicist** Plant Biologist Book Editor Theoretical Chemist **Chancellor of Germany** Geophysicist -Software Entrepreneur High School Teacher Mathematician **Electrical Engineer** Secretary of Defense **Medieval History** Programmer

They do have ONE thing in common: They're SMART ... like YOU!

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#### The 80:10:10 rule



How will you grow and gain new skills if you don't invest the time?

How will people know of your abilities if you don't tell them?

"Opportunities are seldom labeled"

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#### The skills that will REALLY count ...



Leadership Persuasion Humor Tact

Understanding of Risk and Reward Understanding of Investment and Return

Organization Sensitivity Drive Perspective

Good News: You can LEARN These!

Creativity

"Give me ten people who have all of these skills and I could do anything"

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# Typical questions asked by Science grads facing an uncertain job market



"How do I get a job in \_\_\_\_\_?"

"How do I write a resume?"

"What jobs call for my skills?"

"Where is the bathroom? I'm going to be sick!"

Better questions are:

What do I enjoy doing and what am I good at?
What are various career like?

What careers and jobs are a good match to my skills, interests, and values?

Who can I talk to?

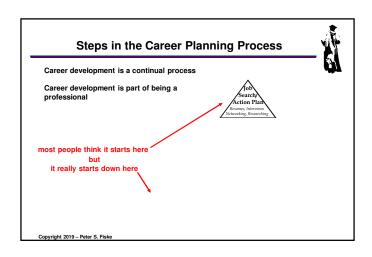
#### Why are these questions better?



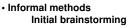
- Scientists and engineers (S&Es) are preoccupied with matching skills and ignore other important factors in choosing a career
- S&Es lack information and exposure to other career fields
- Career change for S&Es can be harder:
  - lack of an established pathway
  - fear/anger of getting a degree "for nothing"
  - ignorance/fear of life in the "real world"

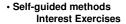
If you don't like what you do for a living, you probably won't be very good at it

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#### Self-Assessment:





 Formal methods **Exams and Tests** Career counseling

Make your neuroses work for you!

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#### Initial brainstorming



- What do I enjoy doing most?
- What do I like most and least about my present career?
- What are my values?
- What do I like to read?
- What organizations or jobs sound interesting to me?
- When have I been my happiest at work?
- When have I been most unhappy?

**Career Development Journal** 

#### Self-guided exercises



Make a two-column list of everything you can think of that you like and dislike about the academic career, and then assign priorities. What do you learn about your values, interests and skills as they affect the work and workplace?

Things I love about a research career Things I hate about a research career

Intellectual challenge Long hours Teaching Low pay Flexible work schedule Isolation Independence Funding rat race Smart colleagues Politics Learning new things Arrogant colleagues Lack of teamwork Collaborating

These differences are critical to career success and happiness

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#### **Self-Guided Exercises**

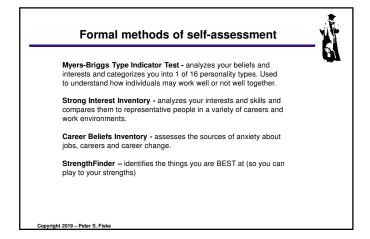


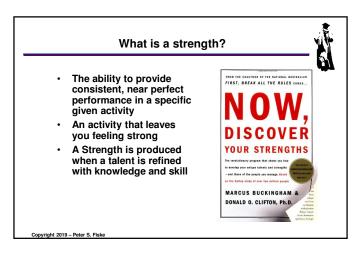
Think back over the experiences you have had in your life - in the areas of work, leisure, or learning - and pick three to ten that have the following characteristics:

a. you were the chief or a significant player

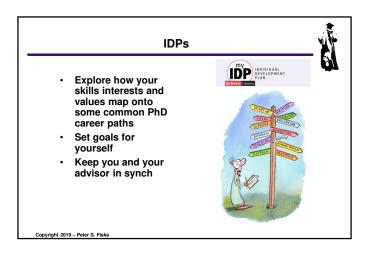
b. YOU - ( ± the world or significant others) - regard it as a success:
you achieved, did, or created something with concrete results,
or acted to solve a problem, or gave something of yourself that

you are proud of and are pleased by
c. you truly enjoyed yourself in the process.
List each of them, write why you consider it a success, and write a paragraph or two detailing the experience, step by step.

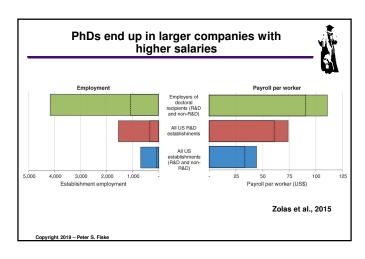


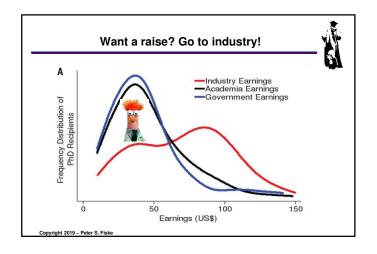


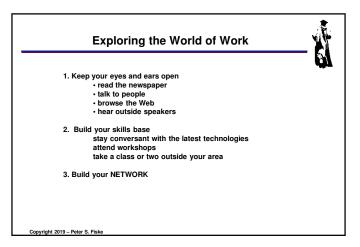


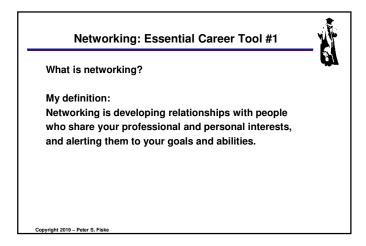


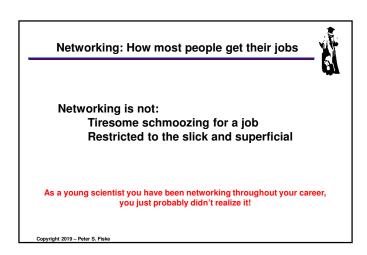


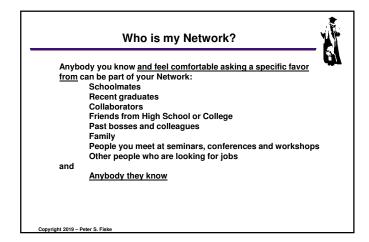














#### Asking a favor



- Please introduce me to \_\_ who is in your network
- Please forward my (resume, latest reprint, etc.)
- · Please provide a reference for me if \_\_ calls
- Can you tell me the latest about \_\_\_\_?
- · Can you send me a copy of \_\_\_ ?

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#### Who is my Network?



Anybody you know and feel comfortable asking a favor from can be part of your Network:

Schoolmates

Recent graduates

Collaborators

Friends from High School or College Past bosses and colleagues

Family

People you meet at seminars, conferences and workshops

Other people who are looking for jobs

and

Anybody they know

The most valuable in your network are those already established in the career field that interests you and who are willing to give you help

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# N

"The best preparation you can make toward the goal of having an [academic] career is to find yourself a "research aunt or uncle," someone with little or no authority over you, who has enough experience to act as a sounding board and giver of accurate advice. Do not be shy about getting to know the people outside your advisor's realm."

Peter Feibelman, A Ph.D. is NOT Enough!

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#### Working a Meeting



- Identify who you want to connect with while at the APS meeting
- · Reach out to them via e-mail
- Introduce yourself after their talk or during their poster
- Be clear about what you are seeking
  - Time frame for your transition
  - Introduction to someone else
  - Advice
- Follow up with a brief thank you and next steps
- Visit the exhibits booths
  - Chat up people there what do they do for their company?
  - What are the areas of growth for their company in the next 12 months?

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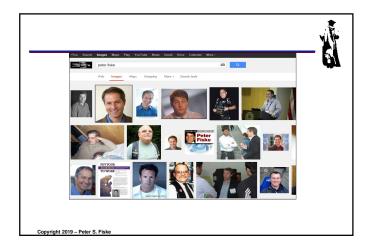
# On the Internet, nobody knows you're a dog.\*\*

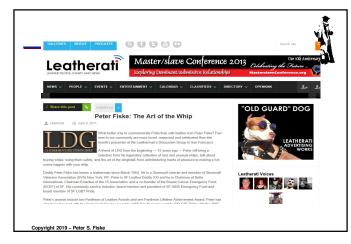
#### Your E-persona



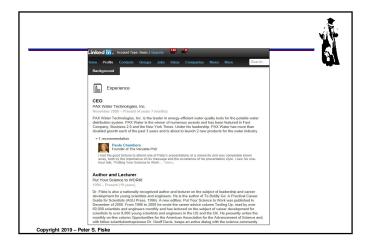
- · Facebook for friends
- Linked In for colleagues and professional friends
- · Your/your group's website
  - Post your papers
  - Post your bio
  - Don't post your CV
- Vanity Google

You can link to me at Linked In (Peter Fiske – Put Your Science to WORK)

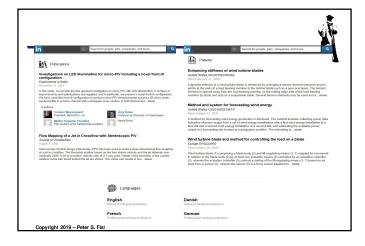


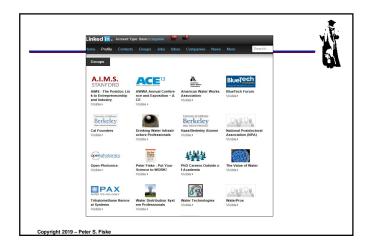




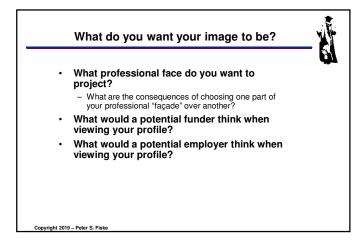


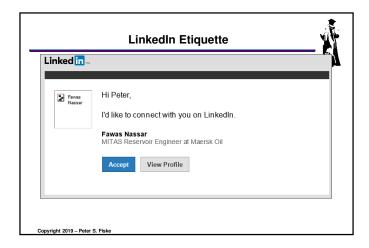




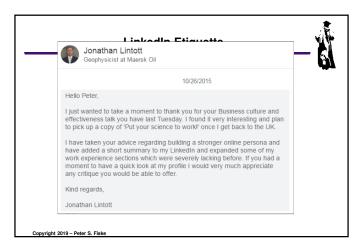


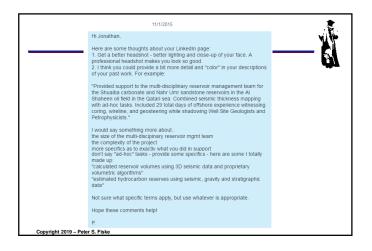












#### Rules to Link By



- <u>Never Go Generic</u> when sending invitations, cordially explain the connection and motivation
  - Don't use the automatic "link-to-everyone-in-my-contacts-list"
- Be timely If you are going to seek a Link do it within the first 24 ours of meeting the person
- · Have a goal in mind
- Establish rules and stick to them
  - Fiske's rules:
    - Always accept invites from people I have worked with, met in person, spoken to on the phone, had an exchange with on a chat room or LinkedIn Group or students from one of my classes
    - (Almost) always accept invites from people not in the above categories who provide a cordial and clear explanation for why they want to Link

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#### How to get a meeting with a busy person



- Be persistent
- Make it easy for them
  - "I will come to your office/home/wherever..."
- · Offer them something:
  - "I'd like to have coffee with you and pick your brain.. In exchange, I will tell you everything I know about \_\_\_\_"
- Thank them
  - ... and follow up a few months later with an update (very sticky!)

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#### Constructing a bio

Biography for Dr. Peter S. Fiske



- 1 paragraph
- · 3 paragraphs
- 1 page



Dr. Peter S. Fiske is the Chief Technology Officer of PAX Milet Card PAX Mater Technologies as wall as V for R&D for parent company PAX Selentific, Inc. In his various roles, Fiske manages day to day operations for PAX Water and PAX Milet; overseeing all aspects of Sales, Marketing and Product presippenent. Under his lastership, PAX Milet Inc. won a prestigious 3 year, SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM Advanced Technology Program award program award service of the SAM

Prior to joining the PAX Companies, I siske was co-touncer or RAPT Industries, Inc., a start-up based on technology from Lawrence Livermore National Laboratory, where Fiske was a staff member for 6 years. Fiske identified the technology while at LNLI and, as a second year evening M.B. A. Student, developed the business plan for RAPT which won first place

the third annual U.C. Berkeley Business Plan Competition in 2001. Fiske and his partners beceivently closed a series A round of investment and since then have raised over \$12M or symmetry from the DOD, NIST and NASA. Fiske lide negositations to license a portion of the technology to a major semiconductor equipment manufacturer, and led the first sales of moducts. Fiske was CEO of the Company from May, 2001 to April, 2004.

Fiske is the author of 20 technical articles, most in international peer-reviewed journals including SCIDKE. He presently serves on Rep. Elien Tauscher's (CA-10) Small Business Advisor Committee where the words with other small business owners are Corgressional staffers to evaluate and propose legislative initiatives to increase the growth and economic vitality of the East Bay of the San Francisco Bay Area.

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#### **Business Cards**

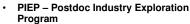


- Get a PROFESSIONAL looking card (spend the \$)
- Talk to your Departmental Secretary or Campus Bookstore about logo and printing
  - 500 is usually the minimum
- · Check out scannable versions

Business cards are a professional courtesy – and an indicator of professionalism

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#### Getting Out There: 2 programs at U.C.



- Monthly day-long visits to local technology
- Face-to-face meetings with management
- Tours of the facilities

#### BPEP – Berkeley Postdoc Entrepreneurship Program

- Postdocs are seeking advice about commercializing technology and starting their own companies
- Monthly evening workshops
- Network and resource center
- Day-long summer workshop



#### Focusing on Specific Opportunities: Becoming an Insider on Every Job



Research your career field of interest as thoroughly as you research your science

Stalk your next job like a big game hunter

Techniques for getting on the inside track:

- Informational Interviewing
- InterningVolunteering
- Part-timing Moonlighting
- Consulting
- · Incorporating the outside world in your research

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#### Informational Interviewing



"Going directly to places where you would like to work is six times as effective as mailing out résumés and cover letters.

Richard Bolles- What Color is Your Parachute

Advantages to Informational Interviewing:

- vou are in control
- · you can ask sticky questions that wouldn't be appropriate in a job interview
- · you can see people in their actual work environment
- · you can get feedback and advice
- · you can make sure the work environment is right for you
- · you can gain visibility
- · you can practice being perfect for when it really counts

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#### Step 1: Identify people you want to speak to



- What companies, organizations or jobs interest you?
- Where are people using similar tools or techniques to what you are using?
- Where (geographically) are you interested in working?
- What trends or fields are you interested in learning more about?
- What questions do you want to answer?

Goal: Arrive at a short list of organizations or people to focus on

#### Step 2: Connecting to specific people



- Who do you know at your target organizations?
- Who do you know who knows someone at your target organizations?
- Who are these people, and where do they sit in their organization?
- What other things possibly connect you to these people?
- Get their e-mail address

Goal: Have a specific plan for reaching out to each person with a request for an informational interview

#### Step 3: Make the request



- Reach out to the individual directly by e-mail
- Have your "friend-in-common" make a WARM introduction by e-mail
- Explain clearly who you are and what you'd like to learn and talk about
  - Promise them no more than 30 minutes, but allow them to expand the agenda
- Make it as easy for them as possible
  - "I would love to come to your office when convenient, but can also meet you for coffee nearby..."  $\label{eq:converse_problem}$
- Be pleasant but persistent
  - Busy people are busy
  - Professional, friendly persistence is a GOOD thing

Goal: Time and place for your interview

#### Step 4: Prep them and yourself



- Continue to research the person
- Send them a short bio about yourself
- Ask if it would be possible/helpful/convenient to meet others while you are there
- Offer to give a technical talk, if appropriate
- Consider how you will dress and logistics for the interview
- Think more about what you want to learn and prepare questions

Goal: Maximize the value of their and your time

#### Step 5: Have a GREAT interview



- · Great first impression
  - Good handshake
  - Make eye contact (color of their eyes)
- Roll through your questions, but follow your instincts
- Be mindful of time and check in when you're close to the scheduled end
  - Many Info interviews can run long if additional "connection" is established
- Thanks them, and be clear on any possible follow-up
- · Get their e-mail address

Goal: Leave them with the impression that you are smart, outgoing, curious and interested in their work

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#### Step 6: Follow-up and "anchoring"



- · Thank them by e-mail for their time
- Complete the follow-up items you discussed
- Make an appointment on your phone for 3 months time:
  - E-mail them an update and thank them again!

Goal: STICK in their minds as a positive, thorough, proactive and polished technical professional: make them a new member of your network

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### Informational Interviewing: Some final advice



- · Treat it like a formal interview for a job:
  - do your homework
  - think carefully about what you want to learn
  - prepare questions
  - act professionally
  - thank them graciously
- Do not treat it like a formal interview for a job:
  - do not ask for a job, even indirectly
  - do not speak with one person and assume you have the whole story

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#### Why are people willing to be bothered?



- · People like to "give back"
- · People like talking about themselves
  - It beats working for half an hour!
- Finding fresh talent is critical to an organization's success
- · Information transfer is a two-way process
  - They may learn something important from you

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#### Becoming an insider through ...



- Internships
- · Volunteering
- · Part time work
- Moonlighting
- Consulting
- Incorporating outside topics into your research

Academic job searches can utilize many of these same "insider" strategies

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#### The Science of Résumés and CVs



#### True or False:

The purpose of a résumé is to get you a job

A résumé is a description of all your past achievements and work history

An individual résumé can be sent out to many different employers without alteration

CVs and résumés are basically interchangeable

And now for the answers ....

#### The answers:



The purpose of a résumé is to get you an INTERVIEW, not a job.

A résumé is a description of those past experiences that are MOST relevant to the position being sought. A resume is as much about where you are going as it is where you have been.

You should adapt your résumé for each specific job opening and you should USE THE WORDS IN THE JOB DESCRIPTION as much as possible.

CVs and résumés are totally different documents and should NOT be used interchangeably. If you are uncertain whether an employer wants a CV or a résumé ASK THEM!

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## **Action-rich past tense verbs:**

co-authored

collaborated

drafted

corresponded

Management administered analyzed assigned chaired consolidated contracted coordinated delegated developed directed evaluated executed organized oversaw planned prioritized produced recommende reorganized reviewed scheduled supervised

Researe collected critiqued diagnosed evaluated evaluated examined extracted identified inspected interpreted interviewed investigated organized reviewed summarized surveyed systematized

enlisted formulated influenced interpreted lectured mediated moderated

assembled calculated fabricated maintained operated pinpointed programmeremodeled repaired solved

adapted advised clarified administered analyzed appraised audited coached communicated conducted

Creative Skills acted conceptualized created customized designed developed directed established

#### The best resumes...



- · The best resumes...
  - Connect clearly with the job being advertised
  - Highlight key accomplishments that are relevant to the position being sought
  - Are cleanly laid out, easy to follow
- The best cover letters...
  - Are engaging, direct and well-written
  - Challenge the reader to rethink their preconceived notions of you
  - Explain the gaps and apparent mismatches

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#### **Resume and Cover Letter Advice**



On the web:

http://www.nextwave.org Tooling Up

Past columns:

How to Write a Winning Résumé The Electronic Résumé Revolution
The Commandments of Cover Letter Creation

On the bookshelf:

The Damn Good Resume Guide by Yana Parker

#### A methodology for answering questions: STAR



Situation/Task: Describe the situation you encountered. Give the background, and its relation to you.

Describe what YOU did to address the situation

or solve the problem.

Result: Describe the result of your actions. Negotiating an offer



- 1. Delay the salary negotiations as long as possible try not to get locked into a salary before you are offered a job
- 2 Value the offer fully. Consider these other parts of compensation:
- · health care · schedule of raises
- · bonus plan
- · commission plan
- stock option
- pension plan · profit sharing plan
- employee education/tuition reimbursement
- stability of company
- dependent tuition reimbursementpaid parking

  - · car provided vacation
  - sick leave
  - maternity/paternity leave flex time/alternative work schedule

  - anticipated work hoursrelocation allowance
  - · potential for advancement

Get it in Writing

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Action:

#### Can you get the offer raised?



Consider the factors listed below. The more that are true, the greater your flexibility:

- You possess unique abilities
- · They have few other candidates for the job
- · The search has been going on a long time
- This is a unique position in the organizationThe organization is flexible in general
- You have other offersThey really need someone soon

In contrast, you will have less flexibility to negotiate salary and

- benefits if the following are true:

   The job is at an entry level and similar to others in the
  - · The organization is highly structured and rigid
  - The organization expects you will take what is offered

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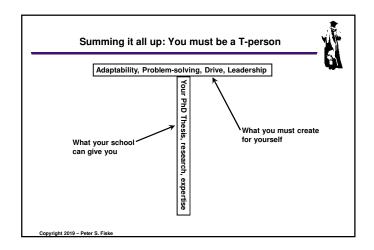
#### Some final advice on interviewing

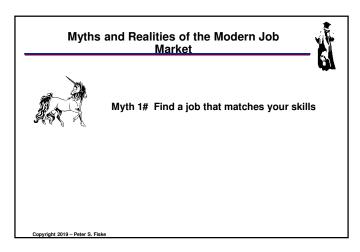


- · Arrive early-give yourself 10-15 minutes to sit and chill out
- · Case the joint-if it is in a place you've never been before, swing by the day before just to make sure you know how to get there. The assurance of having been there before will help
- Bring along extra copies of your resume
- Give a good handshake—if you are unclear about what a good handshake is, go try out your handshake on your friends
- Make eye contact—one simple technique for ensuring that you have made good eye contact: make a mental note of the color of your interviewers eyes
- · Ask questions-it's better to be clear about the question at the start than go rambling down some tangent
- Be yourself-people tend to do a poor imitation of anything else but

#### **Perceptions and Realities: Overcoming Stereotypes** According to business people, academics/scientists are: simple minded about money · impractical about time · no sense of deadlines · socially passive value ideals as absolutes Other potential perceptions to overcome: · hermit vs. leader arrogant vs. team player rebel vs. organizer problem person vs. solution person Copyright 2019 - Peter S. Fiske







#### Myths and Realities of the Modern Job Market



Myth 1# Find a job that matches your skills



Reality #1: SKILLS, VALUES and INTERESTS are all critical aspects of finding a fulfilling career.

"You always end up overvaluing what you know and undervaluing what is out there in plain sight"

Thomas Friedman – The Lexus and the Olive Tree

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#### Myths and Realities of the Modern Job Market





Myth #2: Employers care only about technical skills

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#### Myths and Realities of the Modern Job Market



Myth #2: Employers care only about technical skills

Reality #2: Employers care about lots of things in addition to skills:



Personality
Degree of Fit
Learning Ability
Leadership
Communication Skills
Persuasion Skills

"We hire for attitude and train for skills"

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#### Myths and Realities of the Modern Job Market





Myth #3: You should map out your career trajectory many years into the future

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#### Myths and Realities of the Modern Job Market



Myth #3: You should map out your career trajectory many years into the future



Reality #3: Serendipity, unplanned detours, and "setbacks" are inevitable. The people who can exploit chance opportunities, explore new areas and make the best of setbacks tend to be happier and more successful.

"Five years ago, I would never have predicted that I would end up here!"

Astrophysicist-turned-Financial Analyst

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#### Some final thoughts



You can serve science, your community, and your country in many different environments - don't be afraid to consider a non-traditional career path just because it is unfamiliar to you, your advisor, your department or your family.

